

# A PAGE FOR WOMEN AND THEIR INTERESTS

LOCAL CHAT: HOME AND FASHION HINTS: RELIGIOUS AND OTHER ACTIVITIES: THINGS FEMININE

## Course in Household Economies for Girls

COLLEGE OF HAWAII HAS COURSE  
THAT COMPARES WITH ANY IN COUNTRY

Many young ladies who have completed their courses in the High School are undecided as to the course they will take up on entering college. If I were asked to advise almost any of these girls I should say to take the course in Household Economies. Aside from fitting one for home life, it is also a preparation for the business world. In many of the larger cities graduates in domestic science open tea gardens where the tired shopper cannot find a cup of warm or cool tea but also finds a quiet resting place. As yet here in Honolulu there are no such places, perhaps there is no present need for them; but there are many other things that the graduate can do. For one who has taken the full course, including dietetics, there is the hospital, for in most cases those who teach the nurses to cook for the invalid are women who have a thorough knowledge of the food necessary to the convalescent as taught scientifically in a college.

The majority of young women who take this work in college do so with the thought of teaching; and if one cares to teach, this line of work is most pleasant. When I say that the graduates in the course of Domestic Science become teachers I do not mean that they only teach in schools or that they teach every branch of the course, for many girls open private classes in sewing or cooking. Here I might say that some of the best designers in the large Eastern and European houses are women who have shown adaptability in this special branch of the course and have perfected themselves in it with the idea of carrying on their line of business. A few years ago the high school graduate who prepared for college was forced to go East to finish his education, but now Hawaii has a real college of our own, and it is equipped with the very best of teachers as well as being fitted out with perfect apparatus for every course offered in the college.

### FOR THE PONGEE COSTUME.

The "natural-colored" girl is again with us, meaning the girl who goes in for a costume wholly in the shade of natural-colored linen or pongee. With her tailored suit or frock of either heavy linen or wash silk, she wears leather pumps and little hosiery of a matching hue, a linen petticoat bordered and banded with coarse unbleached linen lace, a suede belt with self-covered buckle and an outing hat of raffia or Panama draped with a natural-colored shantung scarf. Finally, in one hand she carries a sunshade of shantung and natural wood, and in the other a handbag of raffia. For country wear, this sort of costume is exceedingly knowing looking and it is a decided relief in a neighborhood where all-white or white and a color get-ups prevail.

### LEARNING TO SEW.

Time is not thrown away when mothers take a little time each day to teach little daughters the art of sewing. Suppose we begin with a quilt for the doll's bed. Daughter will gladly learn to overseam the bright-colored blocks together. Then she can learn to hem some little sheets and pillow slips, and dolly will need new clothes. I have taught my daughters in this way, writes a contributor to Harper's Bazar, and I always plan to sew at the same time myself, and with stories or happy talk make the sewing a pleasure rather than a task.

## KENTUCKY WOMAN WHO STARTED GREAT CHICAGO ROOSEVELT DEMONSTRATION



CHICAGO, Ill.—Charles Taft, brother of the President, was quietly active during the convention in the interest of the present occupant of the White House. Senator W. Murray Crane of Massachusetts was also working hard for the President. Mrs. W. A. Davis, the Kentucky woman who exhibited a picture of Colonel Roosevelt in the convention and started a demonstration that lasted for forty minutes, has denied that her effort stampeded the delegates as planned. She says that she acted from impulse and that she is scared now when she thinks of the part she took.

### SEALING WAX.

For sealing wax for use on broken cans, or those not entirely air tight, take two parts of beeswax and one of resin, melt together and stir well. Commoner.

### FOR GOLD TRIMMINGS.

Gold lace and trimmings tarnish very quickly. They may be cleaned by using powdered rock ammonia. Apply this with a flannel cloth or soft brush. If badly tarnished, the lace should be wrapped in the powder several days.

## NEW-OLD RECIPES

### GALETTES.

Sift one pound of flour, add one teaspoonful of baking powder; rub in a quarter of a pound of butter; beat three eggs with two-thirds of a cup of granulated sugar; add half a cup of milk and half a teaspoon of salt; work all these ingredients together into a smooth paste; roll it out half an inch in thickness, cut out with a three-inch cutter and place in a greased, shallow pan; beat one egg into a tablespoon of sugar and a tablespoon of milk; brush the gallettes with this, prick them with a fork and bake in a fairly quick oven for about ten minutes; raisins or currants may be added to flour.

### DOMINOES.

Beat the yolks of two eggs, a quarter of a pound of butter and a cup and a half of granulated sugar until very light; then add one cup of tepid water; sift three cups of flour and four level teaspoons of baking powder; add this to the first mixture, beat thoroughly and bake in greased shallow pan; the batter must be not over a quarter of an inch thick; when done and cool cut the cakes into dominoes, ice the top with white icing and dot with melted chocolate. Use a wooden toothpick or a skewer for making the dots.

### MERINGUE SHELLS.

These shells may be made a week before using and at serving time filled with whipped cream or mixed, chopped fruit, or ice cream; beat the whites of six eggs to a very stiff froth; sift half a pound of powdered sugar and mix it with the whites very carefully; if the mixing is done too quickly or beaten too hard the mixture will run out of shape when put in the oven; if not well mixed the meringues will swell in the oven, then fall and crack. Put a sheet of paper on a thick board, drop the mixture by tablespoons, dust them thickly with powdered sugar and bake them in a moderate oven. When placing the meringues on the paper, shape them with a spoon in rows, keeping them two inches apart. When the tops are brown and hard lift up each with a limber knife, break in the bottom carefully with the thumb, scoop out the soft center and thoroughly dry the shells.

### TRIFLES.

Work one egg and a tablespoon of sugar to as much flour as will make a stiff paste; roll it as thin as a dollar piece and cut it into small round or square cakes; drop two or three at a time into the boiling lard; when they rise to the surface and turn over they are done; take them out and lay them on an inverted sieve to drain. When served for dessert or supper put a spoonful of jelly on each.

### DEW DROPS.

Two cups of powdered sugar, half cup of butter, one cup of sweet milk, whites of four eggs, one teaspoon of extract of lemon, two teaspoons of baking powder, flour enough to make a soft batter; bake in patty tins and ice when cold with frosting colored with

## Cost of Whitman-Crocker Wedding Was Just \$55,000

Wedding gifts	\$40,000
Bridal gown	1,000
Dresses for bridesmaids	1,150
and flower girls	500
Dinner to groomsman	800
Bridegroom's gifts to attendants	4,500
Orchids	1,000
Orange blossoms and other decorations	2,500
Burlingame club, for accommodation of guests	3,000
Wedding breakfast	200
Automobiles and carriages for guests	500
Secret Service agents	500
Maid, porters and groomsmen	250
Music	250
Total	\$55,000

The rarest and most costly orchids grown in the conservatory of Hillborough, Fair Oaks, and Eresford, gave dominant decorative touch to the wedding of Miss Jennie Adeline Crocker and Malcolm Whitman, which was celebrated in the Episcopal church of St. Matthew, San Mateo, at noon on July 16. Miss Crocker, who is the wealthiest heiress in California, embarked upon the sea of matrimony with a more gorgeous function than ever before terminated the single blessedness of an American society maid. According to calculations, the wedding, including the gifts to the bride, cost \$55,000, and set a new mark for rival heiresses. William Bowers Bourn, president of the Spring Valley, gave a \$25,000 wedding in the same little church at San Mateo two years ago, when his only daughter, Miss Maud Bourn, became the bride of Arthur Rose, Viscount of Somerville House, Ireland. Emulation of all California society and that function has served to arouse the envy and stimulate the emulation of all California society.

(the leaves should be sufficiently tender to roll pliantly without breaking); into these so apportion the mixture that each leaf can be firmly rolled and securely doubled in at the ends. Wrap these with thread to insure their remaining in shape, and place in a covered vessel over a slow fire in about half an inch of butter. The butter must be replenished and the rolls turned occasionally. They should steam very slowly for about two hours.

### FISH PUDDING.

(Danish recipe)—Mix one pound of salt codfish, picked very fine and thoroughly cooked, with a third of a pint of well-cooked rice; add one pint of milk, a heaping tablespoonful of butter, melted, and three well-beaten eggs. Bake in a quick oven until "set" and well browned.

### NEW NUT BREAD FOR SANDWICHES.

Because of the difficulty of cutting it into thin slices, nutbread has been little used for sandwiches, although its flavor and richness recommend it for that purpose. A new kind, however, has all the advantages and none of the disadvantages of the old. To make two small loaves, mix well a pint of cold water, three-quarters of a cupful of molasses into which a heaping teaspoonful of soda has been beaten, one and one-half cupfuls of white flour, three cupfuls of entire wheat flour, a tablespoonful of shortening—lard, butter or one of the proprietary kinds—one cupful of broken English walnut meats and a teaspoonful of salt. Bake three-quarters of an hour in a moderately hot oven.—Youths Companion.

## ARRANGEMENT OF CUT FLOWERS

Any adequate display of cut flowers in a receptacle should make a picture in which the lines and colors of the stems and blossoms form the dominant center of interest. Success in the making of such a picture is very easy if one will be content with simplicity and naturalness, but it becomes increasingly difficult as one strives after complexity and artistic finish. In all pictures, certain harmonies are to be desired. In flower pictures, the chief of these are the harmonies of line and of color. The harmonies of line are determined by the habit of growth of the plants used and the forms of the leaves and blossoms. The simplest way to secure beauty in this respect is to confine the display to one type of flower, and so that the lines of the stems and blossoms conform to the lines of the receptacle. Thus a few large roses on long, straight stems may be displayed to great advantage in a tall, cylindrical vase, while smaller roses on shorter, more fragile stems are much more effective when shown in low, broad rose bowls.

Harmony of color in a flower arrangement requires simply that the flowers placed together shall not be of discordant tones, and that they shall combine attractively with the color of the receptacle. The latter is indeed of the greatest importance in the making of the flower pictures, for, if not simple in form and modest in color, it will spoil the beauty of any flowers with which it is used.

Pottery jars and vases useful as flower receptacles may be had in an almost bewildering variety of sizes, shapes and colors, and at a great range of prices. The more costly forms are not by any means always the most beautiful, and one can often get, for a few cents, jars of good form and color that serve admirably for holding flowers. While the most attractive of the inexpensive flower jars are those made in Japan, there are now many American and European pottery works which are turning out excellent wares at reasonable prices. Consequently, by a little searching of the shops, one can find good flower jars at prices to suit almost any purse.



NEW LEGHORN HAT

THE SHEPHERDESS HAT  
In the striking afternoon hat shown here we have one of the most picturesque of the new models, the shepherdess hat. This one is of leghorn faced with natter blue satin and trimmed with blue and white hyacinths.

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